

Olive Garden Dairy-Free Menu

Menu Item	Dairy-Free	Calories	Price (\$)	Perfect For
Plain Breadsticks (No Butter)	Yes	140	4.49	Dairy-sensitive guests craving a so...
Spaghetti with Marinara Sauce	Yes	430	11.49	Lactose-intolerant diners wanting a...
Garden Salad (No Cheese/Croutons)	Yes	150	6.99	Allergy-aware salad lovers needing ...
Grilled Chicken Breast	Yes	260	5.49	Protein seekers avoiding dairy in m...
Steamed Broccoli	Yes	35	3.99	Health-conscious diners or kids nee...
Tomato Basil Soup (Confirm in-store)	Yes	150	6.29	Guests wanting a light, warm starte...
Gluten-Free Rotini with Marinara	Yes	350	12.49	Gluten & dairy-sensitive guests cra...